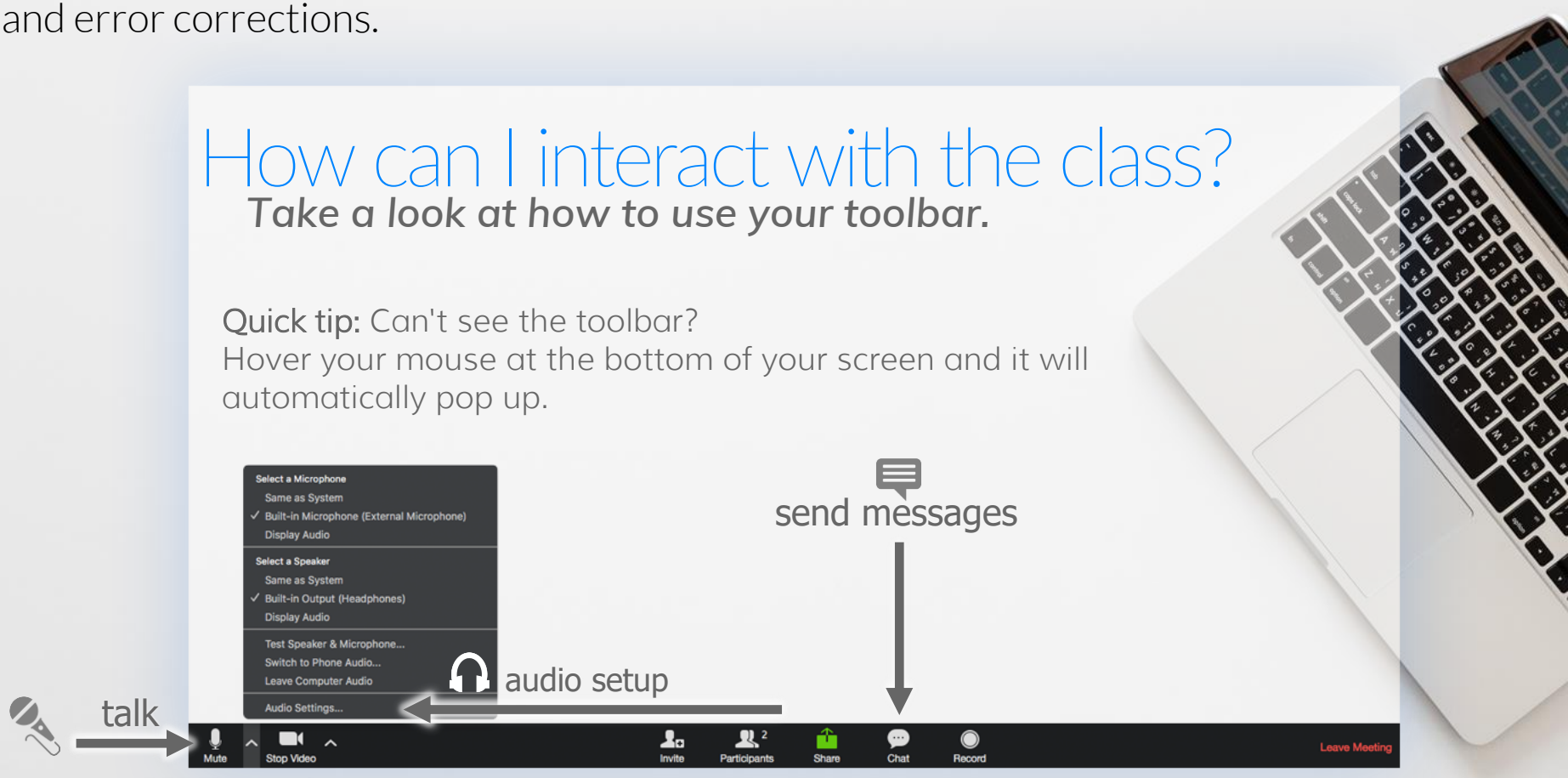
Welcome!

This is a classic class with a small group of students focusing on grammar, vocabulary, and error corrections.

How can I interact with the class?

Take a look at how to use your toolbar.

Quick tip: Can't see the toolbar?
Hover your mouse at the bottom of your screen and it will automatically pop up.



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Practicing Medicine

By the end of this lesson, you will be able to:

- talk about preventive medicine.
- discuss when you should see a doctor.
- talk about how to stay healthy.

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Warm Up

What are some reasons to talk to a doctor when you are sick? What about when you are healthy?

I talk to a doctor when I'm healthy because _____.

I talk to a doctor when I'm sick because _____.

Vocabulary Match

First, guess what each word means. Then, match the words to their definitions.

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medicine

health

pill

cure

side effect

patient

To fix a sickness; the solution to a sickness

A chemical that helps cure or fix a sickness or injury

Medicine that a person swallows with water

A person who goes to the doctor

The state of a human body; this can be good or bad

Effects of a medicine that are not part of the cure

Vocabulary Fill in the Blank

Complete the phrase with the vocabulary word and answer the question.

I need to get my _____ from the pharmacy.

The _____ is very small. It is easy to swallow.

The _____ was waiting to see the doctor.

Sometimes, sleeping is a _____ for a headache.

Feeling tired is a _____ of this medicine. Don't use it before you drive.

Eating good food and exercising are good for your _____.

medicine	health	pill	cure	side effect	patient

What do you do to stay healthy?

Pronunciation Practice

Listen to your teacher say the words. Practice saying them. Make a sentence using at least two of the words and answer the question.

A.	B.
pill	peel
health	heal
ill	ail
ache	age
cure	care

Do you take a pill when you're ill?

Discussion

Discuss as a group. What do you think?

A person should only talk to a doctor if he/she is sick.

Yes, this is true because _____.

No, this is not true because _____.

Grammar Practice

Practice making questions in the past tense. Complete the questions by filling in the blank with the correct question word. There may be more than one correct answer.

When | Why | How

_____ did you fall?

_____ didn't you go to the hospital?

_____ did it happen?

When did you go to the doctor last? Why?

Mind Map

Think about health causes and effects. Fill in the boxes with related words.

If you...		you might...
take a lot of medicine,	→	have side effects.
ignore your health,	→	_____
don't eat sweets,	→	_____
eat fruits and vegetables,	→	_____
exercise regularly,	→	_____

Expression

Talk about this common expression with your teacher and classmates. Then, answer the question.

A check-up = A short, basic doctor's visit

Example: The children need to go to the pediatrician for their *check-ups* today.

When was your last check-up?

I had a check-up (when) _____.

Did You Know?

Read about preventive medicine. Do you talk to your doctor about how to live a healthy life?

Did you know:

- Many doctors practice *preventive medicine.*
- *Preventive medicine* is supposed to keep a person healthy, so they don't need to visit the doctor as often.
- Doctors who practice *preventive medicine* often give their patients suggestions about how to live a healthy life.

What is your opinion of preventive medicine?

Culture Corner

Read the paragraph about culture and discuss.

More than one hundred years ago in China, doctors were only paid when their patients were healthy. People visited their doctors regularly for suggestions about healthy living. If a person became unhealthy, he/she did not pay the doctor.

1. What is your opinion of historic Chinese medicine?
2. Do you think this style of medicine would cost more or less money?
3. Would you visit a doctor regularly for advice? Why or why not?

Quiz

Do you practice preventive medicine? Take the quiz and find out.
Do you agree or disagree with the answers?

1. You exercise—
   A. often, because it keeps you healthy.
   B. rarely, because it is difficult.

2. You talk to a doctor—
   A. to get advice about healthy living.
   B. only if you are very sick.

3. You eat—
   A. mostly healthy food.
   B. anything that tastes good.

If you answered mostly A's:
- You are practicing preventive medicine.

If you answered mostly B's:
- You are not practicing preventive medicine.

Sign Post

Read the quotation and discuss.

"A healthy outside starts from the inside."

-Robert Urich
(U.S. Actor, 1946-2002)

What does this mean to you?

Do you believe this sentence is true? Why or why not?

Role Play

Choose a situation (A, B, or C) and a role (Patient or Doctor). Act it out with a partner. Take turns.

	Patient	Doctor
A	You do not like medicine. Ask how to become healthy without medicine.	You usually give medicine to sick patients. You also believe that healthy food can cure a patient.
B	You love to eat sweet, fatty desserts, but you don't feel healthy. Ask your doctor about how to eat a good diet.	Explain why eating healthy food is good. Recommend a healthy diet for your patient.
C	You have been taking pills, but you feel some strong side effects. Explain these side effects to your doctor.	You believe that exercise and healthy teas can help more than pills. Suggest that he/she stop taking the pills. Give additional suggestions.

Class Project

Work with your class to complete this project.

Imagine that you work at a drug company. You are creating a new pill. Decide what diseases this medicine will cure. Create a name for the medicine. Then, make a list of the side effects from the pill.

Wrap Up

Talk with your class and answer the questions.

What is preventive medicine?

Do you think preventive medicine is a good idea?

Name three things you can do to be healthier.

Give an example of a past tense question.